

Headway Central Lancashire Walk

Tuesday 14th January 2025

Moor Park with lunch at the Gentry Bar



Join us for a gentle stroll around Moor Park followed by a light lunch at the Gentry Bar at Preston North End FC PR1 6PA

- Meet at 10.30am at Heartbeat
- The walk is around Moor Park (if the weather is inclement, we will stay inside the Gentry Bar for games).
- Lunch is served at approximately 12.30.
- Please wear suitable clothing and footwear for the weather.
- Booking is essential.
- Cost £3.50 per person

If you require assistance on the walk, please bring your own helper.

Contact details for booking: 01772 791460

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<https://www.headwaycentrallancashire.org.uk/walking-mind-body/>

Charity number 1144388