



the brain injury association
Central Lancashire

DROP IN COTTAM

For people with an acquired brain injury (ABI)




At the Cottam Community
Centre Haydocks Lane,
Cottam, Preston, PR4 0NY

Headway Drop Ins at Cottam are held on the third Tuesday of the month at Cottam Community Centre. The sessions are open to adults who have an acquired brain injury (accompanied by a friend, family member or support worker if desired).

WHAT'S ON at the ACTIVITY DAYS

- **Themed discussion.**
- **Activity**
- **Advice and Information - welfare benefits/legal advice/rehabilitation.**
- **Take away information and memory aids.**
- **Refreshments and chat.**

 For more information and dates 01772 791460 Mob: 07808648728

E: services@headwaycentrallancashire.org.uk

www.headwaycentrallancashire.org.uk/drop-in

Headway Central Lancashire is a Charitable Company Limited by Guarantee
Company Number 7669175 and Registered Charity Number 1144388



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