



the brain injury association
Central Lancashire

For adults with an
 acquired brain
 injury.

Headway Central Lancashire Meeting Dates 2022



Salvation Army Centre
 Harrington Street Preston PR1 7BN



Cottam Community Centre Haydock's
 Lane, Cottam, Preston, PR4 0NY



Headway Central Lancashire
 Sir Tom Finney Way PR1 6PA

DATES 2022	Drop In Salvation Army 1pm - 4pm	Walking Group Booking required	Drop In Cottam Centre 1pm - 3.30pm	Activity Day Salvation Army 1pm - 4pm
MARCH	1st March	8th March	15th March	29th March
APRIL	5th April	12th April	19th April	26th April
MAY	3rd May	10th May	17th May	31st May
JUNE	7th June	14th June	21st June	28th June
JULY	5th July	12th July	19th July	26th July
AUGUST	2nd August	9th August	16th August	30th August
SEPTEMBER	6th September	13th September	20th September	27th September
OCTOBER	4th October	11th October	18th October	25th October
NOVEMBER	1st November	8th November	15th November	29th November
DECEMBER			6th December	
DECEMBER	13th December Festive Get Together booking required.			
Every Wednesday Booking required for first time visit.	Exercise Class at Heartbeat, Headway CL, Sir Tom Finney Way Preston PR1 6PA		1.30pm - 2.30pm	£2.50 per session

More information: 01772 791460 or 07557123493 Email: services@headwaycentrallancashire.org.uk

www.headwaycentrallancashire.org.uk

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