

# Headway Preston Carers Online Meeting Wednesday 7th July 2021 From 5pm - 6pm



The psychological effects of caring and looking after your mental health.

We thank our guest speakers:  
Dr Czarina Kirk Consultant Neuropsychiatrist  
Dr Leona Rose Clinical Psychologist

**For carers and families  
of acquired brain injury survivors.**

To Join please go to our web site page and follow the  
Zoom link:

[Carers Online Meetings - Headway Preston & Chorley  
\(headwayprestonandchorley.org.uk\)](http://headwayprestonandchorley.org.uk)

Hosted by Headway Preston staff.  
To find out more please telephone Laura  
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